



**Tony Biernacki Sr. Memorial Regatta
Saturday June 20, 2009
Welland International Flatwater Center – North Course
Welland, Ontario, Canada**

Brock University will be hosting a new regatta for masters athletes this year and hope to make it an annual event. In the past there were few opportunities for masters to race in the early summer so the introduction of this regatta will solve that dilemma and hopefully motivate masters to start training earlier.

The regatta is named for Tony Biernacki Sr. who was the head coach at Brock University from 1965 to 1980. Tony began women's rowing at the university level in Ontario with the first women's crew in 1967. As a young man Tony won the single at the Pan-American Games in 1959. Tony was also very active and successful as a masters rower for many years. In 1985 he won the single, double and quad at the World Masters Regatta in Toronto. For a number of years he was also the world record holder for his age category on the C2 ergometer.

Brock is proud to partner with Welland International Flatwater Centre (WIFC) to host this regatta and we aim to provide a top quality event. The North Course features a 1000m Albano buoyed course with hand-held starts, Finish Lynx Timing System and new docks for launching of shells (visit www.wifc.ca). We will be using stationary umpires to keep wake to a minimum on the race course. It is a great venue with easy viewing of races from the shell storage area and launch area.

With every participants first entry they will receive a complimentary t-shirt and post race BBQ. Sunday will be a great day to tour the many attractions and wineries in the Niagara Region. For accommodations in the City of Welland visit www.comeplayinwelland.com

We are attaching a preliminary copy of our regatta package so people can reserve the weekend and start planning their races. The schedule of finals is fixed at 10 minute intervals (if an event does not have any entries the times of other events will not change). We are finalizing the entry procedure and will send out another release with website details. In the interim you can contact Peter. We look forward to hosting a brand new regatta.

Peter Somerwil
Regatta Chair
psomerwil@brocku.ca



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AGE CATEGORIES

- Age calculated as of December 31st, 2009
- Competitors (excluding coxswains) may not be younger than 27 by December 31st, 2009
- Age categories based on crew average age:
A: 27+, B: 36+, C: 43+, D: 50+, E: 55+, F: 60+, G: 65+, H: 70, I: 75+

ALL PARTICIPANTS MEETING

- At the control commission area 1 hour prior to the first race of the day.

REGATTA OFFICE HOURS

- The on-site regatta office will be open 6:00am – 30 minutes after the last race, Saturday June 20th.

OFFICIATING

- To keep wake to a minimum we will be using stationary officials on the course.

MEDALS

- Gold, Silver and Bronze will be awarded to the 1st, 2nd and 3rd place crews in events with 4 or more entries in the final
- Gold and Silver will be awarded to the 1st and 2nd place crews in events with only 3 entries in the final
- Only a Gold will be awarded to the 1st place crew in events with only 2 entries in the final

REGATTA COURSE

- For the 2009 Regatta, racing will be on the North Course of the WIFC.

PARKING

- Parking and vehicular traffic flow **WILL BE RESTRICTED** to designated areas at this regatta. More information to follow.

EXCEPTIONS TO RCA RULES OF RACING

This regatta will follow the Rowing Canada Aviron Rules of Racing, with the divergences (per section 1.7) below:

2.1 The Definition of a Competitor

- All participants from Canadian clubs must be currently registered in the Competitive Fee category with their provincial federation and rowing Canada prior to racing.
- Athletes from clubs outside of Canada must be members of their national federation, and must submit a signed waiver prior to the start of the regatta.
- Crews consisting of members from multiple clubs may be entered. Such crews will be designated as 'composite'.

2.6 Weighing of Coxswains

- There will be no weighing of coxswains

2.8 Masters Handicap System

- Handicaps, where necessary, will be applied at the finish. Handicaps will be calculated per the attached table.

2.11 Weighing of Lightweight

- There will be one weigh-in beginning 1 hour prior to the start of racing for the day and ending one hour after racing begins. The weights will be: Women 60kg (132lbs); Men 74kg (163lbs)

9.3 Events with 7 or more Entries

- If there are multiple age categories in the event published in the schedule (ie. race event #1) the race will be divided into two finals separating age groups with the second final run 3 minutes after the first final.
- If there is only one age category published in the schedule (ie. race event #9) then there will be heats prior to finals with the winner of each heat and the next fastest times advancing to a 6 boat final.

10.3 Starting procedure (with flags)

- An RCA Umpire will sound a horn instead of the word 'Go' for races without handicap.

10.20 Appeals

- Appeals against a decision of the Board of the Jury will not be permitted.

ENTRY AND PAYMENT TERMS

- **Entries** Entry procedure still being finalized. There will be an electronic option.
- **Entry Fee** \$10 CDN per competitor registration which includes competitor gift bag of t-shirt, tickets for the BBQ and other gifts. Each event costs \$20 per competitor, per event not including coxswains (1X = \$20; 2X/2- = \$40; 4x/4+ = 80; 8 = \$160). Coxswains register once for \$20 and may be entered as often as they wish. Make all cheques payable to Brock University Rowing. Payments will be accepted by club cheque or bank draft/money order or Master card or Visa prior to entry closing only. **DO NOT SEND CASH THROUGH THE MAIL.** (No credit cards can be accepted at the regatta site.) Payments after entry close are by cash only.
- **Payment of entry fees** must be received in full prior to racing.
- **Late Entries** will be accepted on a first come, first paid basis at the regatta office on June 20th, subject to lane availability. Late entry requests for races must be made at the regatta office at least 2 hours before race time.
- **Late entry fee** is \$35 or \$25 per competitor per event and must be received at time of request for late entry to be drawn. Late entry fees may be made by cash, or cheque.

LATE ENTRIES WILL BE ACCEPTED ONLY AT THE ON-SITE REGATTA OFFICE ON June 20th. LATE ENTRY REQUESTS EMAILED OR TELEPHONED TO THE REGATTA CHAIR WILL NOT BE ACKNOWLEDGED OR ACCEPTED.

- **Waivers** – each participant from a non-Canadian club must sign a waiver. Waivers must be submitted with the entry and fees. Any participant from a non-Ontario club who does not sign a waiver will not be permitted to race.
- **Crew substitutions** may be made without penalty prior to entry close. Thereafter, RCA Rule 7.6 (the 50% substitution rule) will be applied. Crew substitution requests must be made at the regatta office prior to the start of racing.
Note: a fee of \$5 will be assessed for every name changed from the original lineup after entries close. This fee will be waived for name changes supported by a medical certificate. Fee is payable at time of change.
- **Crew substitutions resulting in age category change:** in such a case, the entry will be placed in the appropriate event if space permits. Otherwise, crews 'too young' (e.g. C crew racing in D event) will be scratched. Older crews (e.g. D crew racing in C event) may race but without a handicap.
- **Scratches:** a \$30CDN fee will be assessed on all scratches after the entry deadline, including crews who miss their start. Scratch fees will be waived for medical reasons if a note from a qualified medical professional is presented at the Regatta office.
- **Draw:** A Preliminary Draw will be posted by June 16th. The Final Draw will be distributed at the Participants Meeting.

ROWONTARIO Masters Handicap System

CATEGORY	1x/2-	2x/4+	4x/8+
A min age 27 years	0	0	0
B avg age 36 yrs or more	4	3	3
C avg age 43 yrs or more	9	8	7
D avg age 50 yrs or more	16	13	13
E avg age 55 yrs or more	23	19	18
F avg age 60 yrs or more	31	27	25
G avg age 65 yrs or more	40	35	32
H avg age 70 yrs or more	51	44	41
I avg age 75 yrs or more	63	54	50

(Handicap in seconds)

Coxies do not factor into age average for crew boats.

If no age is provided on the entry form, the competitor will automatically be assigned the age of 27



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LIST OF EVENTS

?-10:50 Heats if required

1. 11:00 Men D+ 8
2. 11:10 Women A-B-C 2-
3. 11:20 Men A-B-C 4x
4. 11:30 Women C + 2x
5. 11:40 Men Ltwt. 1x 74kg max (163lbs)
6. 11:50 Men A-B-C 2-
7. 12:00 Women Ltwt. 1x 60kg max (132lbs)
8. 12:10 Women A-B 1x
9. 12:20 Women B 4+
10. 12:30 Men D 1x
11. 12:40 Women D+ 2-
12. 12:50 Men D+ 4X
13. 1:00 Men A-B-C 8+
14. 1:10 Women C+ 4+
15. 1:20 Men A-B 2x
16. 1:30 Women C-D+ 1x
17. 1:40 Men C 1x
18. 1:50 Men E-F 1x
19. 2:00 Men H 1x
20. 2:10 Women A-B 4X
21. 2:20 Women D+ 8
22. 2:30 Men D+ 2-
23. 2:40 Mixed 2x
24. 2:50 Men A-B-C 4+
25. 3:00 Men G 1x
26. 3:10 Women A-B 2x
27. 3:20 Women A-B-C 8
28. 3:30 Men A-B 1x
29. 3:40 Men C 2x
30. 3:50 Women A 4+
31. 4:00 Men D-E 2x
32. 4:10 Men D+ 4+
33. 4:20 Women C+ 4x
34. 4:30 Men F+ 2x
35. 4:40 Mixed 4x
36. 4:50 Mixed 8+

5:00 - ? BBQ and Medal Presentation



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RELEASE, WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT
(For non-Canadian Participants Only)

In consideration of my being given the opportunity to participate in the Tony Biernacki Sr. Memorial Regatta, and as a guest of the Welland Recreational Canal Corporation and City of Welland and the Brock Rowing Club, I AGREE THAT:

- I understand the rigorous nature of rowing activities, both on water and on land, and I believe that I am in good health, and in proper physical condition to participate in the Tony Biernacki Sr. Memorial Regatta, as aforesaid;
- I fully understand that participating in the Tony Biernacki Sr. Memorial Regatta may involve risks and dangers either not known to me or not readily foreseeable at this time, and I fully accept and assume all such risks and responsibilities for losses, costs, and damage or injury incurred as a result of my participation in the aforesaid event;
- I hereby release, discharge, covenant not to sue, and agree to indemnify, and save and hold harmless the Welland Recreational Canal Corporation and City of Welland and Brock University Rowing Club, and their Principals, Directors and Officers, Members, Employees, Agents, and Volunteers, from all liability, claims, demands, losses or damages, and I further indemnify, save and hold harmless the Welland Recreational Canal Corporation and City of Welland, Brock University Rowing Club, and their Principals, Directors and Officers and others as aforesaid from any litigation expenses, attorney fees, loss, liability or damage that may occur as a result of any such claims.

I HAVE READ THIS AGREEMENT, I FULLY UNDERSTAND ITS TERMS, AND UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING SAME, AND HAVE SIGNED IT FREELY AND VOLUNTARILY, WITHOUT INDUCEMENT OR ASSURANCE OF ANY NATURE, AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY THE LAW, AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

DATE: _____

PARTICIPANT SIGNATURE: _____

PRINTED NAME:

WITNESS SIGNATURE:

Please Copy as Required