

Rowing Canada Aviron 2009 National Junior Rowing Team Selection Document

NOTE: Crews selected to represent Canada at the 2009 World Rowing Junior Championships must have the potential to finish in the top six. Junior National Team crews are open to athletes who are born in 1991 or later. All National Team crews are open to Canadian citizens who are registered with RCA, have a valid passport and have satisfied all RCA published selection requirement.

SELECTION PROCESS

2009 FISA World Rowing Junior Championships – Brive-la-Gaillarde, France (August 5-8, 2009)

Selection for the 2008 FISA World Rowing Junior Championships will be primarily based on results in Singles and Pairs at the RCA National Junior Trials in Welland, ON (June 1-2, 2009). Athletes must be in attendance at these trials to be considered for selection. Consideration will be given to those athletes with exceptional circumstances (Exceptional circumstances must be submitted in writing to the Team Manager and Junior Team Leaders for approval).

Additional considerations will be based on supporting information from a combination of the following:

a) **Results from the National Rowing Championships in London, ON (September 26-28, 2008)**

b) **Data from RCA's 2008-09 Ergometer Monitoring Program**

Note: All athletes are strongly encouraged to participate in this program, and should comply with submission of their scores for each of the following submission dates:

Date	Test
November 2, 2008	6km
December 14, 2008	6km
February 1, 2009	6km or 2km
March 15, 2009	6km
April 16, 2009	6km or 2km

c) **Performance at the March Junior National Team Camp at Shawnigan Lake, BC (March 14-22, 2009)**

Invitations to the March Camp will be based on the following:

- 2008-09 Ergometer Monitoring Program: Automatic invites to the March Junior National Team Camp will be offered to those athletes achieving the following erg standards:

	Men	Women
6km	20:30	23:30
2km	6:18	7:18

The following link can be used to submit your erg scores:

http://www.rowingcanada.org/national_team/athlete_information/erg_score_test_form/

- Results at the 2008 National Rowing Championship
- Recommendations/Input from Provincial Coaches
- Results from Regional/Provincial Camps and Regattas (where available)

2009 CanAmMex Team: Host Nation – Mexico (dates and location TBD)

Any athletes interested in trying out for the CanAmMex team are **required** to attend National Junior Trials. Selection will be based on the next best performances at the National Junior Trails, after those selected to the Junior A team. This event will be the **primary** selection tool for naming the 2009 CanAmMex Team.

COXSWAINS SELECTION

Age eligible coxswains interested in being involved with the National Junior Team program should submit an expression of interest by January 31, 2009. Coxswains will be selected to the respective national team activity based on the following criteria:

- Athlete and coach input on ability
- Past racing experience and results
- Analysis of a voice-recorded race
- Compatibility with athletes in a selected crew
- Compatibility with coach of the selected crew

SPECIAL CIRCUMSTANCES

If because of injury, illness, prohibitive causes or extenuating circumstances an athlete is unable to meet any of the requirements in this selection procedure, the athlete may still be considered for the junior team. He/she must advise the appropriate Junior Team Leader, National Team Coordinator, VP High Performance in writing of injury, illness, cause or circumstance as soon as possible. Permission to forego the relevant requirement in this selection procedure must be obtained in writing from the VP High Performance.

COACH SELECTION

Letters of interest from all coaches interested in coaching at the Junior World Championships, CanAmMex training camp and regatta, and/or at the spring selection camp should be emailed to Jarret Poitras at poitras@rowingcanada.org by January 31st.

Coach selection will be based on the following criteria:

- Past coaching results and experience
- Current coach of selected athletes
- Current NCCP levels

Please see 2009 Junior Athlete Agreement for further policies and procedures.

If you have any questions about the above, please contact Jarret Poitras at poitras@rowingcanada.org

Jarret Poitras

National Team Assistant